

Thinking About Drugs

1. I think people who drink and drive should ...	2. It is not OK to take cannabis if ...
3. I think famous people who get involved with drugs should ...	4. What is worrying about drugs at the present time is ...
5. Most people who take heroin are ...	6. Some of the positive things about drugs are ...
7. The worst thing about taking drugs is ...	8. The most commonly used drugs are ...
9. When I think of heroin, I think of ...	10. The way to stop drug misuse is to ...
11. Drugs education should ...	12. Smoking cannabis is ...
13. When someone mentions drugs, I feel ...	14. The aim of drug education is ...
15. I think people who smoke should ...	16. The newspapers say drugs are ...
17. One of the worst drugs is ...	18. People use legal highs because ...
19. Young people need to know ...	20. Cannabis users are ...
21.	22.

How Much Do You Know About Cannabis & other Drugs?

Quiz	True or False
1. Smoking cannabis causes less damage to the lungs than smoking tobacco	
2. You can't be arrested for personal possession of a small amount of cannabis	
3. Cannabis can be prescribed by doctors in the UK	
4. Over a quarter of young people who try smoking will die from a smoking related illness	
5. Ketamine is used as a horse tranquilliser	
6. Heroin comes from a poppy	
7. "Legal highs" are safer than ecstasy	
8. In an average gram of cocaine, approx half is cocaine and the other half powders or crushed household products	
9. Over one third of young people aged 11-16 years old have ever tried an illegal drug	
10. Solvent abuse can kill instantly the first time it is experimented with	

Top 3 reasons young people use drugs	Top 3 reasons why young people don't use drugs

(taken from ~Young People, Smoking, Drinking & Drug Use in England 2010 report)

How Much Do You Know About Cannabis & other Drugs?

Answers	True or False
<p>1. Smoking cannabis causes less damage to the lungs than smoking tobacco</p> <p><i>There are 3 reasons for this:</i></p> <ul style="list-style-type: none"> ● cannabis users often inhale more deeply and hold the smoke in, which causes lung damage ● cannabis often smoke cannabis from a joint with no filter to reduce the tar ● cannabis produces up to 5 x the tar of tobacco 	False
<p>2. You can't be arrested for personal possession of a small amount of cannabis</p> <p><i>Anyone of any age can be arrested for any amount of cannabis. The police can decide to confiscate cannabis and issue a writing warning to adults (over 18's) for a first offence. However, under 18's are normally arrested even for a first offence. Cannabis is a Class B drug, and a drug related offence will appear on a person's police record, generally for up to 5 years.</i></p>	False
<p>3. Cannabis can be prescribed by doctors in the UK</p> <p><i>This is not available at this time. However, in USA 13 states have medical cannabis available, which has been specifically cultivated for using as a medicine for pain relief, cancer treatment, MS and arthritis.</i></p>	False
<p>4. Over a quarter of young people who try smoking will die from a smoking related illness</p> <p><i>Half of young people who try smoking will go on to be smokers as adults; half of adults who smoke die from smoking related illnesses.</i></p>	True
<p>5. Ketamine is used as a horse tranquiliser</p> <p><i>It is also used as a children's anaesthetic and in emergency hospital settings.</i></p>	True
<p>6. Heroin comes from a poppy</p> <p><i>The opium poppy</i></p>	True
<p>7. "Legal highs" are safer than ecstasy</p> <p><i>There is no such thing as a "safe" drug, and these drugs have not been tested</i></p>	False

<p>8. In an average gram of cocaine, approx half is cocaine and the other half powders or crushed household products</p> <p><i>Between 2% and 20% is cocaine, the remaining 98%-80% is crushed household products, tablets, food powders etc.</i></p>	False
<p>9. Over one third of young people aged 11-16 years old have ever tried an illegal drug</p> <p><i>Less than 25% of young people have ever tried an illegal drug – this could mean they tried it once, or have used it regularly.</i></p>	False
<p>10. Solvent abuse can kill instantly the first time it is experimented with</p> <p><i>It can cause heart attacks, respiratory problems or accidents while under the influence.</i></p>	True

Top 3 reasons young people use drugs	Top 3 reasons why young people don't use drugs
<i>To see what it was like (56%)</i>	<i>Didn't want to take them (51% of 15yr olds)</i>
<i>To get high / feel good (22%)</i>	<i>Didn't want to become addicted or too dangerous (32%)</i>
<i>Friends doing it (18%)</i>	<i>Too expensive (11%)</i>

(taken from ~Young People, Smoking, Drinking & Drug Use in England 2010 report)